



To help make the use of prescription drugs safer and more affordable, our plan is now using a **Drug Quantity Management** program. That is, for certain medications, you can receive an amount to last you a certain number of days. This gives you the right amount to take the daily dose considered safe and effective, according to the recommendations of the U.S. Food and Drug Administration (FDA). Based on the FDA's guidelines and other medical information, our plan developed this program together with Express Scripts, the company chosen to manage our prescription drug benefit.

The following limits are based on a 34-day supply, but our benefit may provide a different supply. For instance, you may be able to get a 90-day supply of your medication through mail order service. Your doctor could also request a prior authorization. If this request is approved, a prior authorization would let you receive more than the recommended quantity.

**Drug Quantity Limits**  
**for CenturyLink**  
**Prescription Drug Benefit**

<b>Name of Prescription Drug</b>	<b>Maximum Quantity</b>
Actonel 35 mg	5 tablets
Actonel 5 and 30 mg	34 tablets
Actonel 75 mg	2 tablets
Actonel 150 mg	1 tablet
Actonel with Calcium tablets	35 tablets
Actoplus Met 15/500mg and 15/850mg	102 tablets
Actos 15, 30, 45 mg	34 tablets
Adcirca 20 mg	68 tablets
Advair Diskus 100/50, 250/50, and 500/50 with device	14, 28, 120 blisters
Advair HFA	2 inhalers
Aerobid/Aerobid-M 7 grams	3 inhalers
Aerospan 80mcg 8.9 gram	3 inhalers
Aerospan 80mcg 5.1 gram	1 inhaler
Albuterol generic inhaler	3 inhalers
Allegra 180 mg	34 tablets
Alendronate 35 and 70 mg	5 tablets
Alendronate 5, 10, and 40 mg	34 tablets
Allegra 30, 60mg	68 tablets/orally disintegrating tablets
Allegra-D 12 hour	68 tablets
Allegra-D 24 hour	34 tablets
Alora	10 patches
Aloxi 0.5mg	1 capsule
Aloxi injection 0.25 mg/5 ml and 0.075 mg/1.5 ml	1 vial
Alupent 14 grams	3 inhalers
Alvesco 80 mcg	2 inhalers
Alvesco 160 mcg	3 inhalers
Ambien 5, 10 mg	34 tablets

<b>Name of Prescription Drug</b>	<b>Maximum Quantity</b>
Ambien CR 6.25mg and 12.5mg	34 tablets
Amerge 1, 2.5 mg	9 tablets
Anzemet 50, 100 mg	1 tablet
Arava 10 mg, 20 mg	34 tablets
Asmanex 14 inhalation units	1 inhaler
Asmanex 30, 60, 120 inhalation units	2 inhalers
Astelin Nasal Spray (34 ml bottle)	2 bottles
Astepro137 mcg nasal spray	2 bottles
Atrovent HFA 12.9 grams	2 inhalers
Atrovent inhaler 14.7 grams	3 inhalers
Atrovent nasal spray 0.03% (30 grams), generic	2 bottles
Atrovent nasal spray 0.06% (15 grams), generic	2 bottles
Avandamet 1 mg/500 mg, 2/500, 4/500, 2/1000, 4/1000	68 tablets
Avandaryl 4mg/1mg, 4mg/2mg, 4mg/4mg, 8mg/2mg, 8mg/4mg	34 tablets
Avandia 2, 4 mg	68 tablets
Avandia 8 mg	34 tablets
Avonex	4 syringes
Axert 6.25 mg	6 tablets
Axert 12.5 mg	12 tablets
Azithromycin	See Zithromax
Azithromycin 500mg	4 tablets
Azmacort 20 grams	3 inhalers
Beconase AQ 25 grams	2 inhalers
Betaseron	14 or 15 vials with prefilled diluent syringe (depending on product packaging)
Boniva 2.5 mg	34 tablets
Boniva 150 mg	1 tablet
Brovana Inhalation Solution (30 vial carton)	3 cartons for a 34-day supply
Butorphanol tartrate Nasal Spray	2 spray bottles
Byetta 1.2 ml (250 mcg/ml)	2 syringes
Byetta 2.4 ml (250 mcg/ml)	2 syringes
Cabergoline 0.5mg	10 tablets
Catapres-TTS Patches	5 patches
Caverject	12 vials, kits, or ampules
Cesamet	30 capsules
Chorionic gonadotropin 10000 units, generic	3 vials
Cialis 5, 10, and 20 mg	6 tablets
Cialis 2.5mg	34 tablets
Clarinex/Clarinex Reditabs 5 mg	34 tablets
Clarinex 2.5mg Reditabs	34 tablets
Clarinex-D 12 hour	68 tablets
Clarinex-D 24 hour	34 tablets
Claritin 10 mg/Claritin Reditabs 10 mg, Claritin 5 mg chewable tablets	34 tablets
Claritin-D 12 Hour	68 tablets
Claritin-D 24 Hour	34 tablets
Climara, Climara Pro	5 patches
Combivent 14.7 grams	3 inhalers
Copaxone 20 mg kit	1 kit (30 prefilled syringes)
Cordran Tape	2 rolls of tape
Crestor 40 mg	34 tablets
Depo-Provera Contraceptive Injection 150 mg/mL	1 vial/syringe
Depo-Sub Q Provera 104	1 syringe

List is subject to change; Updated 7/31/09

<b>Name of Prescription Drug</b>	<b>Maximum Quantity</b>
Diflucan 150 mg	2 tablets
Ditropan XL 5 mg	34 tablets
Divigel 0.25, 0.5, and 1 grams	34 packets
Dostinex 0.5 mg	10 tablets
Duetact 30/2mg and 30/4mg	34 tablets
Duoneb 3 ml vial	205 vials (package size 3)
Edex	12 vials or kits
Edluar 5mg and 10mg	34 tablets
Elestrin gel pump	1 pump
Emend 115mg vial	1 vial
Emend 125 mg	1 capsule
Emend 40mg capsule	1 capsule
Emend 80 mg	2 capsules
Emend Bifold Pack	1 pack
Emend Trifold Pack (one 125 mg and two 80 mg capsules)	1 pack (package size 3)
Enbrel 25mg vials	10 vials
Enbrel 25 mg syringes	10 syringes
Enbrel 50mg syringe/auto injectors	5 syringes/auto injectors
EpiPen, EpiPen Jr.	3 units or 2 twin packs
Esclim	10 patches
Estraderm	10 patches
Estradiol transdermal patch	5 patches
Estrasorb	68 packets
Estrogel .06% 50gm	2 pump bottles
Evamist 1.53 mg spray	2 pumps
Factive 320mg	7 tablets
Famvir 125 mg	21 tablets
Famvir 250 mg	68 tablets
Famvir 500 mg	21 tablets
Fexofenadine	See Allegra
Flector 1.3% patch	60 patches
Flonase 16 grams	2 bottles
Flovent 50mcg and 100mcg Diskus	2 inhalers
Flovent 250mcg Diskus	5 inhalers
Flovent HFA 44mcg	2 inhalers
Flovent HFA 110mcg	1 inhaler
Flovent HFA 220mcg	3 inhalers
Fluconazole 150mg	2 tablets
Flunisolide 0.025%	3 inhalers/bottles
Fluticasone Nasal Spray	2 sprays
Foradil Aerolizer & 12 capsules in blisters	1 package (package size 12) 12 caps
Foradil Aerolizer & 60 capsules in blisters	2 packages (package size 60) 120 caps
Forteo 600mcg/2.4ml pen	1 pen
Fosamax 35 and 70 mg	5 tablets
Fosamax 5, 10, and 40 mg	34 tablets
Fosamax 70 mg/75 mL oral solution	5 bottles
Fosamax Plus D 70 mg/2800 IU, 70mg/5600 IU	5 tablets
Frova 2.5 mg	9 tablets
Gelnique 10% gel	34 packets
Humira 20 mg and 40 mg syringe/pen	3 syringes/pens
Humira Crohn's Starter Pack	3 syringes
Humira Psoriasis Starter Pack	3 syringes
IB Stat oral spray 30 mL	14 bottles
Imitrex Injection (syringes/cartridges)	1 kit (2 syringes)

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<b>Name of Prescription Drug</b>	<b>Maximum Quantity</b>
Imitrex 4mg injection (syringes/cartridges)	1 kit (2 syringes)
Imitrex Injection (vials)	2 vials
Imitrex Nasal Spray 5, 20 mg	6 nasal spray devices
Imitrex tablets 25, 50, and 100 mg	9 tablets
Intal Inhaler 112	2 inhalers
Intal Inhaler 200	2 inhalers
Itraconazole 100mg	34 capsules
Janumet 50/500 mg, 50/1000 mg	68 tablets
Januvia 25mg, 50mg, 100mg	34 tablets
Kapidex 30mg	34 capsule
Ketoralac 10 mg	20 tablets
Kytril 1 mg	2 tablets
Kytril solution 2 mg/10 mL	1 bottle
Levitra 2.5, 5, 10, and 20 mg	6 tablets
Lioresal Intrathecal Refill Kit 1 ampule 10 mg/20 ml 2 ampules 10 mg/5 ml 1 ampule 40 mg/20 ml	1 kit
Lunesta 1mg, 2mg, 3mg	34 tablets
Maxair Autohaler 14 grams	2 inhalers
Maxalt and Maxalt-MLT 5, 10 mg	12 tablets
Menostar	5 patches
Miconazole	See Monistat
Migranal 4 mg/ml	8 spray devices
Mobic 7.5 mg	34 tablets
Monistat 1 pre-filled	1 box
Monistat 3 combination pack 200 mg & equivalent	1 box
Monistat 3 suppositories 200 mg & equivalent	3 (1 box)
Monistat 7 combination pack & equivalent	1 box (7 suppositories, 9 gram cream)
Monistat 7 cream and equivalent	45 grams (1 tube)
Monistat 7 cream pre-filled applicators	7 applicators
Monistat 7 suppositories 100 mg & equivalent	7 suppositories (1 box)
Monistat Dual Pak (1200 mg vaginal insert, 9 gram 2% cream)	1 (1 box)
Monistat Dual-Pak (three 200 mg vaginal supp, 15 gram 2% cream)	1 (1 box)
Muse	12 urethral suppositories
Nasacort 10 gram	3 inhalers
Nasacort AQ 16.5 gram	2 bottles
Nasarel 0.025% 25 mL	3 bottles
Nasonex 50 mcg nasal spray 17 gram	2 bottles
NebuPent 300 mg/container	1 container (inhaler)
Neumega	21 vials
Newtek disposable blood glucose meter	2 meters
Nexium 20 mg	34 capsules
Nexium 10 and 20 mg packets	34 packets
Noverel 10,000 unit	3 vials
Omeprazole 10 mg	34 capsules
Omnaris 50 mcg nasal spray	2 bottles
Ondansetron 24 mg	1 tablet
Ondansetron, Ondansetron ODT 4 and 8 mg	12 tablets
Ondansetron solution 4 mg/5 mL	3 - 50 mL bottles
Oxybutynin XL 5 mg	34 tablets
Oxytrol Patch	10 patches
Pantoprazole 20 mg	34 tablets
Patanase 0.6% Nasal Spray	2 bottles

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<b>Name of Prescription Drug</b>	<b>Maximum Quantity</b>
PEG Intron Pens/Kit (containing 1 vial each) 50 mcg, 80 mcg, 120 mcg, 150 mcg	5 pens/vials
Pegasys 180 mcg	5 vials (package size 1)
Pegasys 180 mcg Convenience Pack ( 4 vials)	1 box (package size 1)
Pegasys 180 mcg Convenience Pack (4 prefilled syringes)	1 box (package size 1)
Perforomist Inhalation Solution	2 cartons (120 vials)
Plan B	2 tablets
PrandiMet 1mg/500mg, 2mg/500mg	170 tablets
Pregnyl 10,000 unit	3 vials
Prevacid 15 mg, Prevacid SoluTab	34 capsules or tablets
Prevpak patient pack	14 units (1 package)
Prilosec 10 mg	34 capsules
Prilosec 20 mg (Brand)	34 capsules
Prilosec 10 mg oral suspension packets	34 packets
Prilosec 2.5 mg oral suspension packets	68 packets
Proair HFA	3 inhalers
Protonix 20 mg	34 tablets
Proventil Inhaler 17 gram	3 inhalers
Proventil HFA 6.7 gram	3 inhalers
Pulmicort Flexhaler 90 mcg	2 inhalers
Pulmicort Flexhaler 180 mcg	3 inhalers
Pulmicort Respules 0.25 mg/2 mL and 0.5 mg/2 mL	70 ampules
Pulmicort Respules 1 mg/2 mL	35 ampules
Pulmicort Turbuhaler	2 inhalers
Qvar 40, 80mcg (7.3 grams)	3 inhalers
Rebetron Combination, Rebetron 1200, 1000, and 600 Therapy Pak	2 packages
Rebif 22 mcg and 44 mcg	15 syringes
Rebif Titration Pack 4.2ml	1 package
Regranex 0.01% gel 2, 7.5, and 15 gm	1 tube
Relenza 5 mg/blister with inhalation device	20 blisters
Relpax 20 mg and 40 mg	6 tablets
Restasis 0.05%	64 vials
Revatio 20mg	102 tablets
Rhinocort Aqua 32 mcg (120 inhalations) 8.4ml bottle	3 bottles
Rozerem 8mg	34 tablets
Samsca 15 mg	34 tablets
Samsca 30 mg	68 tablets
Sancuso Patch 34.3 mg	1 patch
Sandostatin LAR Depot 10 mg/5 ml and 30 mg/5 ml	1 vial
Sandostatin LAR Depot 20 mg/5 ml	2 vials
Serevent Diskus 28 blisters	1 package
Serevent Diskus 60 blisters	2 packages
Sonata 10 mg	68 capsules
Sonata 5 mg	34 capsules
Spiriva Handihaler 6 capsules (1 blister card) with inhaler device	1 package
Spiriva Handihaler 30 capsules (5 blister cards) with inhaler device	2 packages
Spiriva Handihaler 90 capsules (6 blister cards) with inhaler device	1 package
Sporanox 100 mg	34 capsules
Stadol Nasal Spray 2.5 mL	2 spray bottles
Suboxone 2/.0.5 mg	102 tablets
Suboxone 8/2 mg	102 tablets
Symbicort 80/4.5, 160/4.5 Inhaler	2 inhaler
Symlin 0.6mg/ml	7 vials
SymlinPen 60, 120 pen injector	8 pens

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<b>Name of Prescription Drug</b>	<b>Maximum Quantity</b>
Tamiflu 30 mg	20 capsules
Tamiflu 45 mg	10 capsules
Tamiflu 75 mg	10 capsules
Tamiflu for oral suspension, 25 mL	3 bottles
Terazol 3	3 (1 box)
Terazol 3 Cream 0.8%	1 tube (of the 20 gram)
Terazol 7 Cream 0.4%	1 tube (of the 45 gram)
Terconazole	See Terazol or Zazole
Tilade 16.2 grams	3 inhalers
TOBI 300 mg	56 ampules
Toradol 10 mg	20 tablets
Treximet 85 mg/500 mg	9 tablets
Twinject 0.3mg or 0.15mg Auto-Injector	3 units or 2 twin packs
Valtrex 1 gram	34 caplets (tablets)
Valtrex 500 mg	34 caplets (tablets)
Ventolin HFA 90 mcg (18 grams)	3 inhalers
Ventolin HFA 90 mcg (8 grams)	1 inhaler
Veramyst Nasal Spray	2 bottles
Viagra 25 mg, 50 mg, and 100 mg	6 tablets
Vivelle	10 patches
Vivelle-Dot	10 patches
Xolair 150 mg/5 ml single-use vial	1 vial
Xopenex HFA	3 canisters
Xyzal	34 tablets
Zazole Cream 0.4%	1 pack (45 gram)
Zazole Cream 0.8%	1 pack (20 gram)
Zazole 80mg Vaginal Supp	3 (1 box)
Zegerid 20 mg	34 tablets
Zithromax for oral suspension 100 mg/5 mL, 15 ml bottle	2 bottles
Zithromax for oral suspension 200 mg/5 mL, 15 and 22.5 ml bottle	3 bottles
Zithromax for oral suspension 200 mg/5 mL, 30 ml bottle	3 bottles
Zithromax tablet or capsule, 250 mg	8 tablets/capsules
Zithromax tablet, 500 mg	4 tablets
Zmax 60 ml	1 bottle
Zofran 24 mg	1 tablet
Zofran, Zofran ODT 4 and 8 mg	12 tablets
Zofran solution 4 mg/5 mL	3 - 50 mL bottles
Zolpidem tartrate 5 and 10 mg	34 tablets
Zomig/Zomig-ZMT 5 mg	6 tablets
Zomig Nasal Spray 5 mg	6 nasal spray devices
Zomig/Zomig-ZMT_2.5 mg	6 tablets
Zyrtec, Zyrtec chewable 5 and 10 mg	34 tablets
Zyrtec-D 12 Hour	68 tablets